

Experience a Life of Empowerment, Wisdom, & Beauty

Sadhana Satsang

with **Paul Muller-Ortega**

Friday, May 16, 2014 • 6:30pm-9pm

"To live a life of great magnificence, delight, and beauty. To live an intelligent, harmonious, empowered, deeply embodied and present life. To live a life in which every dimension is raised up to its most ideal expression, into a life of service and extraordinary wisdom, by means of which our actions assist in individual and planetary transformation. This ideal, anciently heralded, is now at hand. We have passed through a fiery portal in which many forms of suffering have been stripped away and are now emerging into a nectarean possibility through the exquisite, authentic, and deep practice of meditation." - Paul Muller-Ortega

Join us for an evening of Satsang, as renowned scholar and teacher Paul Muller-Ortega takes us on a journey of the experiential discovery of the Tantric practices of the Heart, through an introduction to elegant and effective practices that enhance daily life including Japa (recitation of mantras) and Meditation. We will sit and consider truths of life and Consciousness, and Sadhana, or spiritual practice, as the journey into a deeper wisdom of existence. In Satsang, together we raise the vibration of our awareness and unfold the possibilities of a new condition of life that is otherwise difficult for us to access.



Professor Paul Muller-Ortega, Ph.D., is recognized internationally as one of the world's most highly respected and renowned academic scholars in the field of Indian Religion and Hindu Tantra. He is the founder of Blue Throat Yoga, which teaches the elegant Svatantra philosophy of Kashmir Shaivism along with the practice of Neelakantha Meditation. He has taught meditation to thousands throughout the world, as well as served as Professor of Religion at Michigan State and the University of Rochester. Paul brings to his teaching the rare combination of knowledge and experience taking his students on a profound guided tour of consciousness that is life-changing and enlightening.

Blue Throat Yoga is a School for Meditation Studies designed to help you establish freedom and joy in life.



Registration:

\$55 by May 1st / \$60 after (\$25 if pre-registered for Initiation)

To register, contact Becky at:

becky@dentonyogacenter.com or 940-597-4886

Denton Yoga Center

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